



Call to schedule an appointment

610-287-0788

email: intouch1@comcast.net
intouchmassage.info



Connect with us to find out about our Monthly Specials!

Our Locations

Schwenksville (Main Office)

4840 Perkiomen Creek Road

Schwenksville, PA 19473

(On the corner of Rt. 73 and Perkiomen Creek Rd. / 3.5 miles west of Skippack Village)

Limerick

Inside Spring Valley YMCA

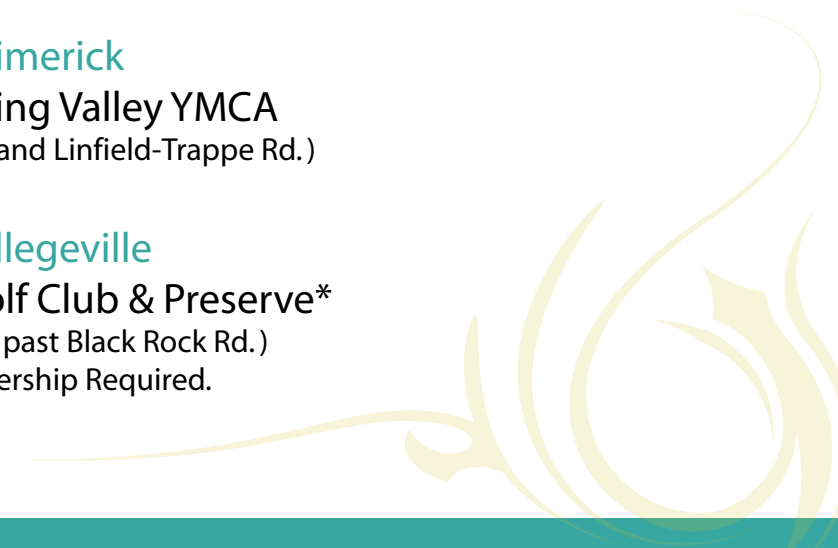
(Township Line and Linfield-Trappe Rd.)

Collegeville

RiverCrest Golf Club & Preserve*

(Rt. 29 S just past Black Rock Rd.)

* Membership Required.



Corrective Bodywork or a Relaxing Massage

Neuromuscular Therapy

Used to treat chronic and acute pain. Licensed therapists use this very specific technique to treat muscles and their attachment sites, relieve pain and restore normal muscle function.

Reflexology

Reflexology is a unique method of using the thumb and fingers to stimulate more than 7,200 nerve endings in each foot. These nerve endings correspond to all parts of the body, including organs and glands.

Sports Massage

Pre- and post- event techniques improve performance, help prevent injury and reduce recovery time. Massage therapy used throughout training allows for a harder, more consistent training program.

Aromatherapy

Essential oils are incorporated into your massage to assist in alleviating certain conditions.

Swedish Therapeutic Massage

Releases chronic muscle tension and pain. Improves circulation. Increases joint flexibility. Reduces mental and physical fatigue. Relieves mental and physical stress. Promotes the healing of injured tissue. Improves posture and reduces blood pressure.

Deep Muscle Massage

A variety of techniques are incorporated to release muscular tension. "Good Hurt" is often used to describe a deep muscle massage.

Prenatal Massage

Massage for a pregnant woman pampers her and also offers undeniable physical benefits. Massage can relieve fatigue, enhance sleep and calm an active baby.

Hot Rock Therapy

The ultimate relaxation massage. Let the warmth of the heated river rocks melt away your stress.

Infant Massage

Learn how to massage your baby. Touch is a very important part of bonding and this activity will benefit you and your baby.

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NEW at In Touch! Yoga/Massage Sunday Getaway!

Menu of services

Swedish Therapeutic Massage

Deep Muscle Massage

Reflexology

Prenatal Massage

Infant Massage

Sports Massage

\$60 1 - hour session

\$35 1/2 - hour session

\$90 1 1/2 - hour session

Neuromuscular Therapy

\$65 1 - hour session

\$40 1/2 hour session

Aromatherapy

\$65 1 - hour session

\$40 1/2 - hour session

Hot Rock Therapy

\$105 1 1/2 - hour session

Warm Bamboo Massage

\$75 1 - hour session

\$105 1 1/2 - hour session

On-site Seated Massage

\$70 hour, plus travel fee
(2 hour minimum)

SPECIALS

Deep Muscle/Hot Rock Massage \$75 1 - hour session

Paraffin Wax Hand Treatment (please call ahead) \$10

Hours

Monday - Thursday	10am - 8pm	All Locations
Friday	10am - 7pm	All Locations
Saturday	10am - 5pm	All Locations
Sunday	12pm - 5pm	RiverCrest & YMCA only
Sunday	3 - hour event	Yoga/Massage Party